

Moira Peña Sensory Workshops

The Modules:

MODULE ONE: Quick Hits: Sensory Processing & Autism

MODULE TWO PART 1: BEST Strategies for Picky Eating Part 1

MODULE THREE: BEST Strategies for Picky Eating Part 2

MODULE FOUR: **BEST Strategies for Play**

MODULE FIVE: BEST Strategies for Self-Care

MODULE SIX: **BEST Strategies for**

Leisure

MODULE SEVEN: **BEST Strategies for**

Sleep

MODULE EIGHT: **BEST Strategies for**

School Part 1

MODULE NINE: BEST Strategies for

School Part 2

MODULE TEN: Principles of Solution-

Focused Communication (SFC)

Course Fee

Self-Paced Online Course + 2 Live Q&A & Case Reviews' Zoom Sessions:

\$497 CAD

*SPECIAL 2024 COURSE
BUNDLE OFFER: 6 MONTHS
OF ACCESS TO LEVEL 1 &
LEVEL 2 COURSE FOR \$769

Group Rates Available
Scan QR code to register & for
for more information!



Autism &
Sensory
Processing:
BEST Strategies
for Picky Eating,
Play, Sleep, SelfCare, Leisure &
School!







A 10 Module hybrid online course (self-paced + 2 hours of LIVE sessions) where you will learn how to apply my BEST(Body, Emotional, Sensory & Thinking) Strategies Framework to help guide your clinical reasoning when addressing picky eating, play, self-care, leisure, sleep and school) Add evidence-based strategies & solution-focused communication tools to your therapy toolbox to positively impact participation in key occupations when working with autistic people & their families.

What is included in this course?



Access to content & replay of video modules for 3 consecutive months



2 Live 1 hour group Zoom seesions, Q&A & Case Reviews



1.2 AOTA Continued Education Units (pending)



Access to answers to my Frequently Asked Questions & Case Studies' Reviews

The results speak for themselves...

"I wanted to say thank you so much for a wonderful course. It was jammed packed with information and resources. There were definitely some items that I knew before but not one topic that I didn't learn something else to add to my tool box or could way to use techniques/communication/ assessment, etc., in a different manner. The resources, social media links and articles were amazing. I

can't say enough about your coursewell thought out and excellently prepared!"

MARLENE MORSE OCCUPATIONAL THERAPIST



