### The Modules:

MODULE ONE: Quick Hits: Sensory **Processing & Autism Review** MODULE TWO PART 1: BEST Strategies for Picky Eating Part 1 MODULE TWO PART 2: BEST **Strategies for Picky Eating Part 2** MODULE THREE: BEST Strategies for Play MODULE FOUR: BEST Strategies for Self-Care MODULE FIVE: BEST Strategies for Leisure MODULE SIX: BEST Strategies for Sleep MODULE SEVEN: BEST Strategies for School Part 1 MODULE EIGHT: BEST Strategies for **School Part 2 BONUS MODULE:** Principles of **Solution-Focused Communication** 

(SFC)

#### **Course Fee**

Self-Paced Online Course + 2 Live Q&A & Case Reviews' Zoom Sessions: \$497 CAD EARLY BIRD PRICING UNTIL SEPTEMBER 18TH, 2023: \$437 CAD

Group Rates Available Scan QR code to register & for for more information!



Autism & Sensory Processing: BEST Strategies for Picky Eating, Play, Sleep, Self-Care, Leisure & School!

**Moira**Peña

Sensory Workshops





A 10 Module hybrid online (self-paced + 2 hours of LIVE sessions) course where you will learn how to apply my BEST (Body, Emotional, Sensory & Thinking) Strategies Framework to help guide your clinical reasoning. Add evidencebased strategies to your therapy toolbox to positively impact engagement & participation in key occupations (or daily activities) when working with autistic people & their families.

# What is included in this course?

Access to the course's content & replay of video modules for 3 consecutive months 2 Live 1 hour group Zoom trainings, Q&A & Case Reviews



1.2 AOTA Continued Education Units (pending)

## Visit <u>moirapena.com</u> for more details!

## The results speak for themselves...

"I wanted to say thank you so much for a wonderful course. It was jammed packed with information and resources. There were definitely some items that I knew before but not one topic that I didn't learn something else to add to my tool box or could way to use techniques/communication/ assessment, etc., in a different manner. The resources, social media links and articles were amazing. I can't say enough about your coursewell thought out and excellently prepared... Adding you to my 'OT Crushes'!"

MARLENE MORSE OCCUPATIONAL THERAPIST